

Guatemala Trip Info and Costs
July 31 to August 8, 2010

Schedule:

- **Saturday July 31st** - The trip will be leaving the Bay Area late on Friday, July 30th and flying through the night to Guatemala City. We will then transport our medical supplies and luggage for Rest & Relaxation in the beautiful city of Antigua, Guatemala. Antigua is situated in a sweeping highland valley, suspended between the cones of Agua, Acentanango and Fuego volcanoes and is one of the Americas' most enchanting colonial cities.
- **Saturday July 31** about 6:30 PM - Everyone meets for dinner orientation meeting.
- **Sunday morning, August 1st:** Head about 180 km west to the city of Xela (Quetzaltenango) where we find our hotel accommodations for the week. This year's hotel promises to have fewer stairs and is located in Xela.
- **Monday August 2nd:** Travel to San Francisco El Alto and set up our clinic and provide 4 1/2 days of medical, dental and health education services.
- **Saturday August 7th:** Return to Antigua for R&R
- **Sunday August 8th:** Head back to our respective home cities, or if you want to stay in country you may do so.

Money Matters:

The cost of the trip is \$1,450.00. This covers ground transportation along with food on work days and lodging. (8 dinners, 6 breakfasts and 6 lunches)

If you are providing your own Airline flight, the cost will be \$850 to cover lodging, food and ground transportation. You will need to arrange your own transportation to Antigua and meet the group Saturday night, July 31st, at 6:30 PM for the orientation dinner.

You will also need to bring approximately \$300.00 walking around money for purchasing uncovered meals, incidentals and gifts.

PAPERWORK:

You must send in: (**Mail to:** Chris Daly, 19745 Pine Road, Sonora CA 95370)

- Complete trip form (available on the LMV website)
- Liability waiver form (available on the LMV website)
- Copy of your passport (to insure proper airline ticketing)
- Become a member of LMV if you are not already. Membership is \$45.00 per year.

Spanish Classes:

For those interested in Spanish Immersion classes the week prior to the trip, please contact Milt and he will get you the needed information on Spanish classes in Antigua.

Due by May 1, 2010:

- \$1450 - We will be using this to purchase non-refundable air line tickets (\$850 If you are purchasing your own airline ticket.)
- Trip Form
- Liability Waver Form
- \$45.00 Membership Dues (if not previously paid)
- Special Instruction regarding travel dates.

To get more information, please contact Milt Camp, at miltcamp@aol.com.